Objective 9.18: Provide academic instruction on injury prevention and control, preferably as part of quality school health education, in at least 50 percent of public school systems (grades K through 12).

| Injury Prevention Instruction in School | struction in Schools | •     | Target |
|---|----------------------|-------|--------|
| Public school systems                   |                      | 66.2% | 50%    |

Barriers: Schools are facing economic difficulties, especially in urban areas;

Strategies: Promote comprehensive school health education programs to address

teachers are frequently overextended by professional demands.

major health issues, including injury prevention and control.

given limited funding and classroom time. as a major health issue that should be included in the curriculum, Neither schools nor the public perceive unintentional injury prevention

> education programs). Prevention week, driver education programs, alcohol and other drug Coordinate injury intervention programs in schools (i.e.: Fire

Competition for use of teaching modules covering other health topics

injuries and violence. Develop guidelines for school programs to prevent unintentional

prevention education is a worthwhile expenditure of their efforts. without this information it is difficult to convince schools that injury Information on effective injury prevention education is lacking;

based injury prevention programs. Conduct research to demonstrate efficacy and feasibility of school-

Objective 9.19: Extend requirement of the use of effective head, face, eye, and mouth protection to all organizations, agencies, and institutions sponsoring sporting and recreation activities that pose risks of injury.

| Require Use of Protective Gear During Sporting and Recreation Activities    | 1988<br><u>Baseline</u> | <u> 1661</u> | 2000<br>Target              |
|---|-------------------------|--------------|-----------------------------|
| National Collegiate Athletic Association                                    |                         |              | All sponsored sports events |
| Football  | Required                |              |                             |
| Hockey  | Required                |              |                             |
| Lacrosse  | Required                |              |                             |
| High School football  | Required                |              |                             |
| Amateur Boxing  | Required                |              |                             |
| Amateur Ice Hockey  | Required                |              |                             |
| Use of protective headgear and mouth guards among children who play sports: |                         |              |                             |
| Baseball/softball   |                         |              |                             |
| Headgear  |                         | 35%          |                             |
| Mouth guard   |                         | 7%           |                             |
| Football  |                         | ,            |                             |
| Headgear  |                         | 72%          |                             |
| Mouth guard   |                         | 72%          |                             |
| Soccer  | . •                     |              |                             |
| Headgear  |                         | 4%           |                             |
| Mouth guard   | :                       | 7%           |                             |

Objective 9.19: Extend requirement of the use of effective head, face, eye, and mouth protection to all organizations, agencies, and institutions sponsoring sporting and recreation activities that pose risks of injury.

Strategies:

Poll major sports and recreation organizations to determine the

existence of policy regarding the use of protective gear.

Encourage sports groups to be consistent in requirement of safety gear.

Concern that protective gear may hamper "play"; conflicts with

"macho attitudes"

Barriers:

interference of protective gear. Existing myths and attitudes about the risk of injury and the

Precedent of non-use prior to the development of proven safety devices

fosters the notion that this is the way to "play".

sports organizations. Cost of protective equipment may be prohibitive to individuals and/or

Data Source: Academy of Sports Dentistry

Additional Data Sources: National Health Interview Survey, NCHS, CDC
Youth Risk Behavior Survey, NCCDPHP, CDC

Federal Highway Administration, Department of Transportation

States with Design Standards for Roadway Safety

The Federal Highway Administration produced and disseminated the Older Driver Highway Design Handbook, publication no. FHWA-RD-97-135, in January 1998.

Baseline available in 1997

50

Baseline

1998

Target 2000

S

## Objective 9.21 appropriate counseling on safety precautions to prevent unintentional injury. Increase to at least 50 percent the proportion of primary care providers who routinely provide age-

| Injury Prevention Counseling   | 1992<br>Baseline | 1997 2000<br>Target |
|--|------------------|---------------------|
| Primary care providers   | 1                | 50%                 |
| Percent of clinicians routinely providing service to 81-100% of patients |                  |                     |
| Inquiry about seat belt/child care seat use                              |                  |                     |
| Pediatricians  | 45%              | 50%                 |
| Nurse Practitioners  | 29%              | 50%                 |
| Obstetrician/Gynecologists   | 6%               | 50%                 |
| Internists   | 11%              | 50%                 |
| Family Physicians  | 16%              | 50%                 |
| Inquiry about hazards for falls in the home (ages 65 and older)          |                  |                     |
| Nurse Practitioners  | 15%              | 50%                 |
| Internists   | 10%              | 50%                 |
| Family Physicians  | 7%               | 50%                 |
| Advice about seat belt/child care seat use                               |                  |                     |
| Pediatricians  | 58%              | 50%                 |
| Nurse Practitioners  | 32%              | 50%                 |
| Obstetricians/Gynecologists  | 18%              | 50%                 |
| Internists   | 15%              | 50%                 |
| Family Physicians  | 29%              | 50%                 |
| Advice about prevention of falls in the home (ages 65+)                  |                  |                     |
| Nurse Practitioners  | 17%              | 50%                 |
| Internists   | 17%              | 50%                 |
| Family Physicians  | 15%              | 50%                 |

## Objective 9.21 Increase to at least 50 percent the proportion of primary care providers who routinely provide ageappropriate counseling on safety precautions to prevent unintentional injury.

proportion of providers who delivered these services to 81-100% of their clients who need the particular intervention. Internists 80%. Data on assessment injury represent the proportion of providers who queried 81-100% of their patients. Data on counseling/treatment/referral represent the Note: Response rates to the Primary Care Providers Survey were: Family Physicians 50%, Pediatricians 58%, Nurse Practitioners 70%, Obstetrician/Gynecologists 71% and

#### Barriers:

Conflicting recommendations and/or too many topics to discuss (e.g., traffic crashes, fire & burn prevention, drowning, poisoning, choking, falls).

Lack of research data to prove the effectiveness of physician counseling on injury prevention topics.

Counseling by primary care providers is not a reimbursable health care item.

Competing demands for curative medicine/screening/immunization, and ambulatory complaints leave little or no time for counseling.

Injury prevention is not emphasized as a public health concern during medical school training.

#### Strategies:

Work with professional associations of health care providers (e.g., physicians, physicians assistants, nurse practitioners) to encourage clinical preventive services including counseling.

Promote integration of injury control information in education (undergraduate, medical residency, Schools of Public Health, and continuing-education curricula).

Conduct research to demonstrate the effectiveness of injury prevention counseling.

Seek funding for prevention counseling (private and public sector insurance industry).

Increase patient demand for injury prevention counseling through media influence.

Target counseling for high-risk groups (e.g., children and the elderly).

# Objective 9.23: Reduce deaths caused by alcohol-related motor vehicle crashes to no more than 5.5 per 100,000 people.

| Alcohol-Related Motor Vehicle Crash Deaths                                    | 1987<br>Baseline | 1988    | 1988 1989 1990 | <u>1990</u> | 1991 | 1992     | 1993   | <u>1994</u> | <u>1995</u> | 1996     | 1997   | 1991 1992 1993 1994 1995 1996 1997 2000<br>Target |
|---|------------------|---------|----------------|-------------|------|----------|--|-------------|-------------|----------|--|---|
| Total Population  | 9.8              | 9.7 9.1 | 9.1            | 6.8         | 7.9  | 7.9 7.0  | 6.8 6.4 6.6 6.5 6.1  | 6.4         | 6.6         | 6.5      | 6.1  | 5,5   |
| Special Population Targets  |                  |         |                |             |      |          | •  |             | _           |          |  |   |
| 23.1a American Indian/Alaskan Native men                                      | 40.4             | 35.6    | 32.9           | 34.3        | 32.2 | 31.4     | 31.4 26.8 28.0   |             | I           | İ        | 1  | 35.5  |
| 23.1b People aged 15-24   | 20.9             | 21.3    | 18.7           | 18.6        | 17.2 | 14.2     | 17.2 14.2 13.7 13.0 12.9 12.8 11.7                                 | 13.0        | 12.9        | 12.8     | 11.7   | 12.5  |
| Barriers: Inadequate sanctions to discourage drinking and driving and lack of | ving and lack o  |         | Str            | Strategies: | Enc  | ourage S | Encourage States and Indian tribes to adopt administrative license | Indian tr   | ibes to ac  | opt admi | Encourage States and Indian tribes to adopt administrative licen | license   |

Inadequate sanctions to discourage drinking and driving and lack of access to alcohol treatment programs for chronic DWI offenders.

Encourage states to adopt administrative license revocation and 0.08 BAC limit; encourage sobriety checkpoints as a deterrent for impaired drivers; and support alcohol treatment programs

### American Indians

Lack of quantitative data (such as BAC) on alcohol involvement in crashes. Lack of Deterrence—Indian tribes have their own law enforcement and court systems which in some cases cannot instill the same level of deterrence as law enforcement in non-Indian communities. For example, most Indian tribal police cannot suspend or revoke a state driver's license for DWI on Indian lands. Lack of occupant restraint use. Many American Indians live in Rural areas and have risk factors mentioned in 9.1

#### People age 15-24

Lack of routine screening.

Perception by some that teen drinking is the "norm", and not a big problem. Lack of graduated licensing laws and curfew laws for teens to reduce exposure to nighttime driving. Lack of wide spread sobriety checkpoint programs, not all states have administrative license revocations laws for DWI.

Lack of routine comprehensive screening and treatment for DWI offenders.

Lack of knowledge about drinking and driving laws and about alcohol's effects on driving skills (all drivers).

revocation laws; promote adoption of 0.08 blood alcohol content (BAC) laws for drivers over age 21, and comprehensive alcohol screening and treatment for DWI offenders.

Encourage states to implement effective graduated licensing systems.

Encourage enforcement of zero tolerance laws for drivers under age of 21 years.

Encourage communities to strictly enforce laws limiting access of alcohol to youth and young adults under age 21.

Encourage sobriety checkpoints as a deterrent for impaired driving; support alcohol and drug treatment programs.

Support evaluation of effectiveness of community-based programs aimed at reducing drinking and driving.

Increase public awareness of alcohol-driving laws

Increase public understanding of the effect of alcohol on drivingrelated skills, including impairment at consumption levels below the legal limit.

| 1993  Baseline  Baseline   1994  1997  2000  Targ  £t  35 |
|---|
| ie  |
| 1994 1997 2000 Targ ef                                    |
| 1994 1997 2000<br>Targ<br>ef<br>0 11 35                   |
| 1997 2000<br>Targ<br>et                                   |
| 2000<br>Targ<br>et  |
|   |

Policy is often misunderstood-public thinks it raises the driving age. Public is not well informed about the magnitude of the teenage traffic fatality/injury problem. Policy is difficult to enforce.

Barriers:

Strategies:

Educate the public; especially parents and teenagers, about the rise of motor vehicle crashes to teens.

Educate the public; especially parents and teenagers, about the components of graduated licensing systems.

Evaluate components of graduated licensing systems.

Encourage states to implement graduated licensing systems.

Encourage parents to implement the concept of graduated licensing in their own family.